

Studies Using *Old Me New Me*

The Effects of Frontal EMG Biofeedback and Progressive Relaxation Upon Hyperactivity and Its Behavioral Concomitants

Lendell Williams Braud, Ph.D. Texas Southern University, Biofeedback and Self-Regulation, Vol 3, No. 1, 1978

An Alternative Therapeutic Intervention To Reduce Aggression and Other Emotional Problems. Abstract: Lendell Braud, Ph.D. and Blair Powell, M.A. Texas Southern University, Unpublished study, presented in 1999 at International Conference on Learning Disabilities

Group Counseling With Learning Disabled Children: Effects of Social Skills on Relaxation Training on Self-Concept and Classroom Behavior.

Martin Amerikaner, Ph.D. and MaryLue Summerlin Ed.D. DeerPark ISD Houston, Tex. Published Journal of Learning Disabilities, June/July 1982

***The Effects of Biofeedback-Induced Relaxation Training in Hyperactive Adolescents Boys.**

Michael M. Omizo, Ph.D. Dept.of Guidance and Counseling University of Houston. Journal of Psychology, March 1980. Dr.Omizo is now Dean of Students University of Hawaii

***The Effects of Biofeedback and Relaxation Training on Memory Tasks Among Hyperactive Boys Michael M. Omizo, University of Hawaii**

Walter E. Cubberly and Stephen G. Semands University of Houston Sharon A. Omizo

***Biofeedback-Induced Relaxation Training as an Alternative for the elementary School Learning-Disabled Child. Michael M. Omizo and Robert E. Williams University of Houston, Central Campus, college of Education**

Published in biofeedback and Self-Regulation, Vol. 7, No.2, 1982

***The Effects of Relaxation and Biofeedback on Attention to Task and Impulsivity Among Male Hyperactive Children. Edelwina Rivera, Los Angeles Unified School District and Michael M. Omizo, Ph.D. University of Houston (now at University of Hawaii) Published March 1980, Exceptional Child,**

March 1980.

*** Biofeedback Training Can Calm The Hyperactive Child Michael M. Omizo Ph.D and Robert E. Williams, University of Houston faculty members, Academic Therapy Vol. 17:10 Sept. 1981**

***Several of the above studies using biofeedback, used biofeedback as an objective measure to determine muscle tension of children.**